



Hello and Welcome to the [DarrasLaw](#) newsletter.

NFL Football camp started on Saturday and whether you are a pro-athlete or an active and healthy adult, disability insurance policies protect your income should you get injured or sick.

Have you reviewed your disability insurance policy lately? If you have questions, our attorneys provide free claim consultations and free policy advice.

Frank N. Darras, Founding Partner

[Click Here to Watch Video](#)

Mr. Darras,

Thank you, it has been a long and frustrating road since my injury.

I am grateful for your help and closure to this battle I could have never won on my own.

Sincerely,

James G

Terms and Conditions of the



NFL Concussion Settlement

The NFL Concussion Settlement has been approved for nearly 20,000 former players. Watch our video to get the details and better understanding.

Does Your Doctor

Need a Checkup?

[Click Here to Watch Video](#)

If you have an Independent Medical Examiner reviewing your disability case, you may need help from someone who is not paid by your insurance carrier. Watch our video and call our toll free number 800-458-4577 for assistance, if you need professional and expert guidance.

Be sure to watch our other videos and visit our [DarrasLaw/MediaRoom](#) for more information.



QUESTION: Is there a deadline to appeal the denial of my disability benefits?

ANSWER: Under ERISA, you have 180 days from the date your disability claim was denied to file an appeal. It is very important that you do not miss this deadline. The easiest way to calculate your deadline is to look for the date of the insurance company's denial letter and add 180 days using a free on-line calendar service.

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